

Family LifeCare – *Your Resource to the Care You Want*

Healthcare can be confusing and overwhelming. You receive medical treatment and support in the hospital setting but when you arrive at home, you feel a heightened anxiety about caring for your loved one’s illness. No one has discussed the potential care options that could be provided in your home. Where do you turn? Is there care for what you and your loved one needs? This is where Family LifeCare can help...

We know that it can be difficult for clinicians and family members to have end-of-life conversations; therefore, these conversations do not occur or occur late in the end-of-life stage. One of the newest instruments in Indiana to make it easier to start this conversation by clinicians is POST, Physician Orders for Scope of Treatment, a physician order that documents patient treatment preferences. The POST program is designed for patients with advanced chronic progressive disease, frailty, or a terminal condition. These are patients for whom the physician would not be surprised if they died within the next 12 months because of their advanced disease. But, if the *Goals of Care* conversation does not occur, our team is trained to facilitate these and end-of-life discussions.



ASK yourself these questions...	YES	NO
<i>Have you had a chronic illness that has progressed to a serious illness?</i>		
<i>Have you had multiple hospitalizations or ER visits in the last 6 months?</i>		
<i>Do you need assistance with bathing, dressing or other activities of daily living?</i>		
<i>Has your physician told you that you have a condition that will shorten your life or that there are no further treatments that can be done?</i>		
<i>Would you feel more comfortable if you have 24-7 support to respond to any of your questions, needs or concerns in caregiving for your loved one?</i>		

If you responded “YES” to any of these questions, you could potentially benefit from Home Health or Hospice Services.

Do you need a referral from your physician to seek these services? The answer is “NO.”

You might be asking yourself—well, how do I get these services? **The only thing you have to do is call Family LifeCare at 1-800-355-2817.** You will then be connected with the Community Resource Center where our specialists will listen to what has been happening with you or your loved one and establish a complimentary visit to help determine what services would be the most appropriate for you or your loved one. ✖